

January 2007

PATIENT OF THE MONTH



The Suess Boys

Warren, student
Ball State University
Muncie, IN
Age 21

Will, student
Indiana University
Bloomington, IN
Age 19

Wyatt, student
Washington High School
Cedar Rapids, IA
Age 16

Getting the Athletic Edge

The Suess brothers of Cedar Rapids know the toll sports can take on the body.

All three – Warren, William, and Wyatt – have been active in sports all their lives. Because they know the wear and tear sports can have on their bodies, the brothers are grateful for Wholistic Wellness in general and Dr. Terri Cooper specifically.

They met Dr. Cooper through their mother, Mary. At the time, some 15 years ago, Mary, an active mother of the three boys, was running and playing tennis. She was frustrated that traditional doctors weren't helping with the problems she was having with her neck and back. Mary didn't want to have surgery, nor did she want to take muscle relaxants, so she turned to Dr. Cooper for chiropractic care.

"It's made a huge difference," Mary says. "I got immediate results."

Mary knew her young sons, who were prone to sprained ankles and the like, would benefit from chiropractic care, too. And in 2000, when Will and Wyatt broke their legs within three months of each other, Dr. Cooper also helped them to regain mobility.

She remembers Wyatt, now 16, initially hating to have adjustments. "Today, he feels so much better after going to see Terri," Mary says of Wyatt, now a sophomore at Cedar Rapids Washington High School.

Will, 19, and a freshman football at the University of Indiana at Bloomington, says going to Dr. Cooper has "been wonderful." Will says he's struggled with issues of balance and has dealt with more aches and pains than most people his age. "She's helped me go beyond anything I thought I could do," he says. Insoles that Dr. Cooper suggested for his shoes have been especially helpful over the years, he says.

Dr. Cooper also did NeuroEmotional Technique (NET) with Will after he broke his leg high jumping in the seventh grade. It was helpful, Will says. "I felt like, in my mind, I was ready to go, but my body didn't give me the OK until I let go of those negative emotions," he says.

His brother Warren, 21, a junior football player at Ball State University, says Dr. Cooper helped him "immediately" to overcome a lot of illnesses when he was younger. Specifically, he recalls the help Dr. Cooper gave him when he came down with a fever of 103 degrees before the state championship football game his senior year at Washington in 2003. With the help of a chiropractic adjustment, NET, and acupuncture, Warren was able to quarterback his team.

"I've been a believer ever since I went there."

When they're home from college, both Will and Warren schedule appointments with Dr. Cooper. "When I talk about Terri Cooper," Will says, "I talk with the highest regard. I love her. She can find some solution in most any problem I've ever experienced. That's what I tell my friends." ■



Wholistic
WELLNESS
CLINIC, PC