

February 2007

PATIENT OF THE MONTH



Kacy Novak

Address:
Cedar Rapids, IA

Age:
63

Family:
Husband Quinn;
four dogs

Occupation:
Retired school teacher

Interests:
Genealogy

Breaking Through with NeuroEmotional Technique (NET)

Imagine having diarrhea for a month. Now imagine having it for nine months.

That was Kacy Novak's life when she discovered Wholistic Wellness about four years ago.

Kacy wasn't a newcomer to chiropractic medicine. In fact, she'd gone to chiropractors since 1974, when she saw how a chiropractor helped a crippled puppy she had at the time. But neither chiropractors nor traditional medical doctors could figure out why she was having chronic diarrhea. She heard about Wholistic Wellness from friends and decided to give it a try. "Within two days, I was able to be somewhere without having to go to the bathroom. It just kept getting better and better and better. I couldn't believe it."

Through muscle testing, Dr. Cooper discovered that Kacy had picked up a parasite on a cruise in Mexico. Additionally, through using NeuroEmotional Technique (NET), Kacy got at another issue contributing to the diarrhea: She had issues about caring for her elderly mother.

"She (muscle) tests everything, every time she does any adjustment. She makes sure she does it. She tests supplements, homeopathy. She tests your body," says Kacy, who has since learned how to do muscle testing and uses it, for example, when deciding on what foods to eat (or not eat).

"That's what I like. She treats the whole body, both physically and emotionally, and what your mind doesn't even recognize, and let's your body start healing itself by being in balance. It doesn't happen overnight, especially when you've gotten as far as I had."

Wholistic Wellness has helped Kacy's husband Quinn and many of her friends and acquaintances. "I've had some miracles happen to other people," Kacy says. "I'm glad about what's happened to me, but it's even a better feeling to know I can send people to Dr. Cooper and they get better. I love that." ■